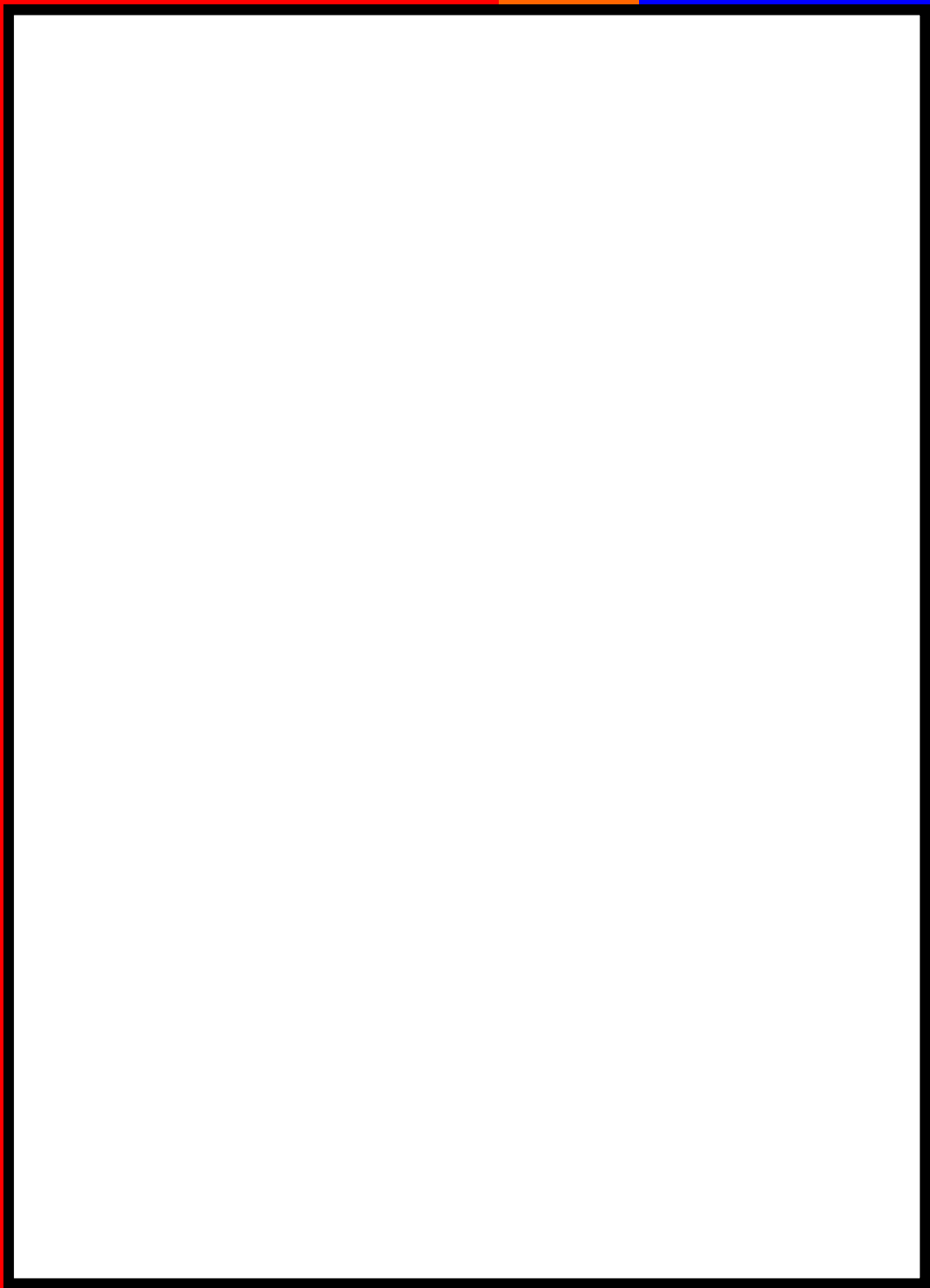


# Are you ready for school?





## **Don't worry!**

All children are unique, teachers won't expect every child to be able to read, write their name or do sums before they start school.

Children develop at their own rate; after all some will only just have turned four. The teacher will be skilled at helping your child to learn.

It's far more important that you and your child have fun together in their pre-school years.

## **Once you know which school your child will be going to:**

Take every opportunity to visit the school and meet other children who may be going too.

Go to open days with your child.

Look at the school brochure or website together and talk about the pictures.

# I can go to the toilet and flush it



Use a step if needed.

Flushable wet wipes can be easier for some  
Children.

# I can wash and dry my hands afterwards



Squirty soap can be fun.

Practice drying hands in different ways for example hot air dryers or paper towels.

# I can dress and undress and change my own shoes with a little help



Make sure you allow extra time for your child to get ready.

Buttons can be tricky, Velcro will make it easier for your child to be independent.

Before the day your child starts school have a practise at getting dressed in their new school uniform and shoes.

# I can recognise my own things



Please make sure your child's name is written in **everything** (use permanent marker or labels)

A key chain is a good idea to help your child recognise their own bookbag.

# I can recognise my own name



If your child is able to recognise their own name it will really help them in school.

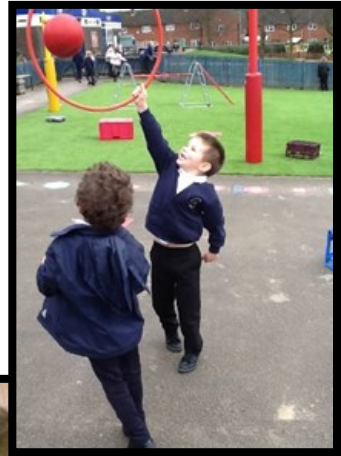


# I can ask for help when I need it



Make sure you go to the induction meetings at school so your child can meet the teacher and other adults who will be looking after them.

# I can take turns, share and play with friends



Practice playing simple games with your child.

Talk about how to play with friends using the language of sharing and taking turns.

If you have any concerns talk to your child's teacher or key person about how to support your child.

# I can listen and follow instructions



It is important that your child is able to look and listen when an adult is speaking to them.

Practise by doing some cooking together.

Play a treasure hunt game to find objects around the house.

# I understand how to tidy up



Tidy up with your child

Encourage them to help put their own toys away before getting out something else.

# I can sit at a table and use my own cutlery



At school the children will be expected to sit down at a table together to eat their meal

Let your child help to prepare food, it can be fun to chop fruit or make sandwiches together.

**In the first few weeks of school don't be surprised if...**

Your child's behaviour changes.

They may be tired, clingy or have tantrums; this is quite normal.

Remember they may take a while to get used to the new routines in school (even if they have previously been to a nursery or pre-school)

Talk to your child's teacher if you are worried at all.

**We hope you find this brochure helpful;**

It was written by local schools and early years settings after discussions together about what they felt were the most important things to help prepare children in their transition to school.

